Primary School PE Scorecard Report

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Welcome to your Primary School PE Scorecard Report

Research proves that children who are active lead happier and healthier lives.

The first ten years are crucial, making the quality of your school's PESSPA pivotal to children leading active lives.

It is only by understanding the current picture of your school's PESSPA, that you'll be able to determine how to move forward.

That's where this scorecard comes in.

Your Report Overview

We've scored you against the following key areas

Key Indicator 1

Increased confidence, knowledge and skills of all staff in teaching PE and sport

85%

Key Indicator 2

The engagement of all pupils in regular physical activity

85%

Key Indicator 3

The profile of PESSPA is raised across the school as a tool for whole-school improvement

93%

Key Indicator 4

Broader experience of a range of sports and activities offered to all pupils

73%

Key Indicator 5

Increased participation in competitive sport

100%

Your Overall Score

By identifying the key indicators to enhance within your setting, you can set out a plan to make impactful changes to your provision.

When your score in each of the five key indicators is strong, your overall score will reflect this and you can be certain that your pupils are getting the opportunities and experiences needed to lead happy and healthy lives.

Your Overall Score

86%

Let's explore each of the 5 key indicators and see how you scored on each.

Afterwards, you can book your free 15 minute consultation here.

Key Indicator 1

Increased confidence, knowledge and skills of all staff in teaching PE and sport

Your Score:

85%

high

Key Indicator 1

Your score here is top class, you're supporting your teachers' development well.

Continue this commitment to your teachers, providing them with ever more opportunities for success.

To focus your action plan and take your next steps, book your FREE 15 minute consultation here.

Suggestions to improve Key Indicator 1

Examples of how to increase the confidence, knowledge and skills of all staff in teaching PE and sport:

- providing staff with professional development, mentoring, appropriate training and resources to help them teach PE and sport more effectively to all pupils, and embed physical activity across your school
- hiring qualified sports coaches and PE specialists to work alongside teachers to enhance or extend current opportunities offered to pupils

Supporting resources

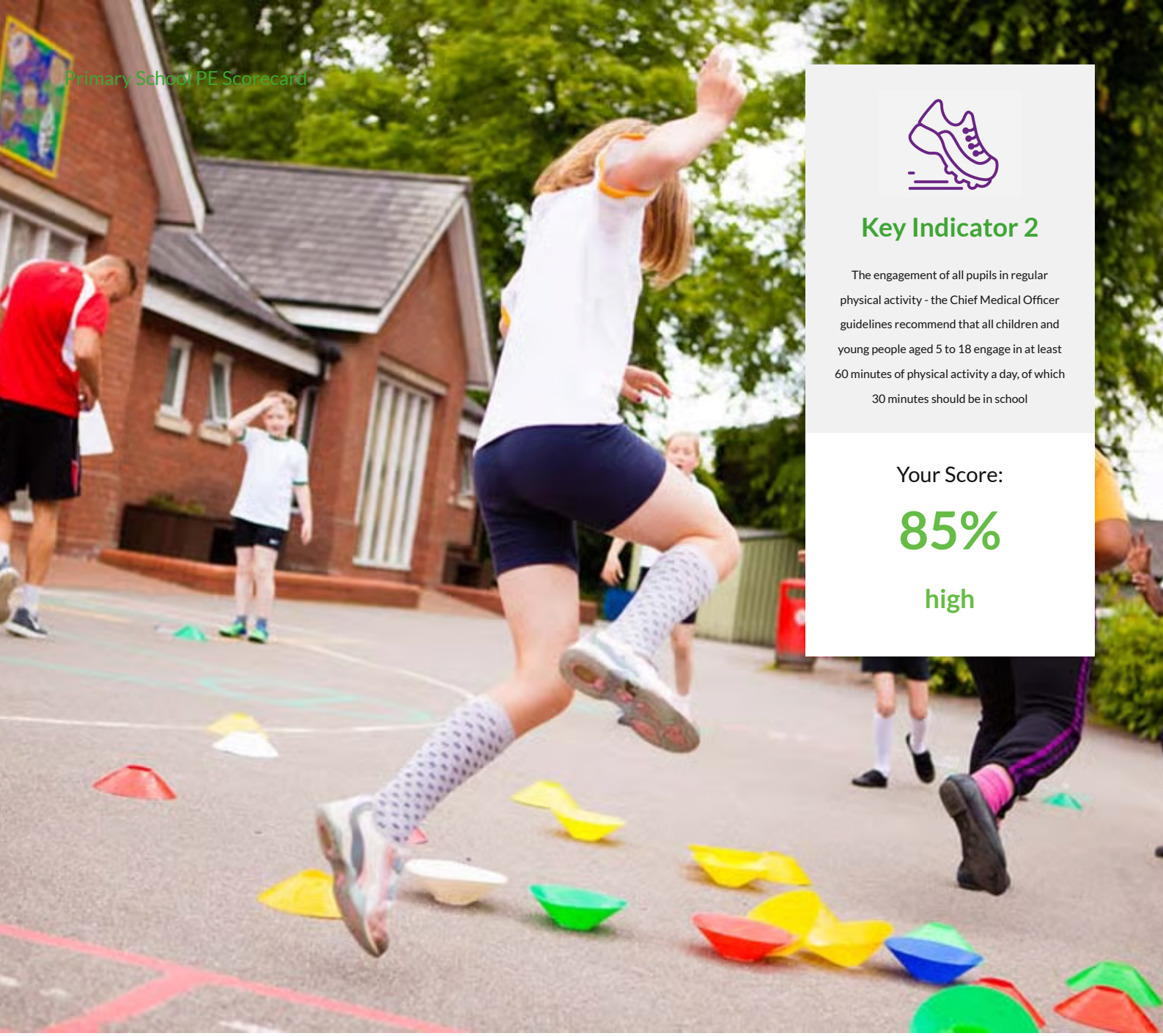
The Association for Physical Education National Annual Conference is a great opportunity to access the latest developments, innovative thinking and professional discussions in physical education.

The PE Curriculum Support (PECS) programme is an effective and sustainable programme that assures high quality professional learning for teachers through a bespoke mentoring process.

Aspire:ED offers on-demand online Physical Education courses, as well as the most content rich memberships that boost the knowledge, skills and confidence of primary school teachers.

The Level 5 Certificate in Primary School Physical Education Specialism is a bespoke qualification, delivered by a team of primary PE experts, guaranteed to increase delegates' confidence, competence and PE subject knowledge.

Dance to School is a digital dance platform providing lesson plans, resources and training for schools.



Key Indicator 2

The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school

Your Score:

85%

high

Key Indicator 2

Your score here is superb, you're actively looking at physical activity as a driver behind children's success. The trick now is to embed Physically Active Learning across the curriculum.

To focus your action plan and take your next steps, book your FREE 15 minute consultation here.

Suggestions to improve Key Indicator 2

Examples of how to increase the engagement of all pupils in physical activity:

- providing targeted activities or support to involve and encourage the least active children
- encouraging active play during break times and lunchtimes
- establishing, extending or funding attendance of school sport clubs and activities and holiday clubs, or broadening the variety offered
- adopting an active mile initiative
- raising attainment in primary school swimming to meet requirements of the national curriculum before the end of Key Stage 2. Every child should leave primary school able to swim.

Supporting resources

Swim England provides helpful resources for primary schools to deliver swimming and water safety lessons.

The Daily Mile initiative provides 15 minutes of self-paced exercise to improve the physical and mental health and wellbeing of children.

The Playground Activator programme is a one-day workshop, accredited by Sports Leaders UK, which gives lunchtime supervisors and support staff the skills and confidence to develop sustainable activities that help children be more active on the playground.

Key Indicator 3

The profile of PESSPA is raised across the school as a tool for whole-school improvement

Your Score:

93%

high

Key Indicator 3

Your score here is first-class as is the profile of PE, school sport and physical activity in your school!

How can you maintain and even continue to advance the profile of PESSPA moving forwards?

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Suggestions to improve Key Indicator 3

Examples of how to raise the profile of PE and sport across the school as a tool for whole-school improvement:

- actively encourage pupils to take on leadership or volunteer roles that support the delivery of sport and physical activity within the school (such as 'sport leader' or peer-mentoring schemes)
- embedding physical activity into the school day through encouraging active travel to and from school, active break times and physically active lessons

Supporting resources

Maths on the Move (MOTM) is a unique and innovative programme aligned with the national curriculum. Using physically active learning, MOTM enhances children's confidence and attainment in maths.

Tagtiv8 offers resources to help teachers deliver physically active learning lessons across a range of primary subjects.

Move & Learn is a community interest company with a mission to empower school communities and other organisations to recognise the amazing impact movement can have on learning & our wider lives.

The PlayMaker Award is a great introduction to leadership for pupils. In addition to raising playground physical activity levels for all pupils, the workshop helps children develop skills such as organisation, communication and teamwork.

A PESSPA noticeboard can be used to celebrate the provision in your school.

Teach Active provide active lesson plans and resources to allow teachers to deliver the primary Maths and English curriculum through physical activity.

Key Indicator 4

Broader experience of a range of sports and activities offered to all pupils

Your Score:

73%

medium

Key Indicator 4

Your score here is commendable. You've made a start at looking at opportunities for your children to experience a diverse range of sports and activities. Maximise this momentum and let's kick it into top tier!

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Suggestions to improve Key Indicator 4

Examples of how to provide opportunities for all pupils to experience a broader range of sports and activities:

- introducing a new range of sports and physical activities (such as dance, yoga or fitness sessions) to encourage more pupils to take up sport and physical activities
- partnering with other schools to run sports and physical activities and clubs
- providing more and broadening the variety of extra-curricular activities after school in the 3 to 6pm window, delivered by the school or other local sports organisations

Supporting resources

School based workshops, such as Road 2 Paris, inspire children through providing opportunities to take part in a wide variety of sporting activities.

The PE Hub offer high quality PE planning resources that empower primary school teachers to deliver a broad range of PE, Physical Activity and School Sport.

miMove is a mobile app for children to capture and reflect on the various types of physical activity they take part in and schools can log in to view and analyse the data.

Enhance provision with a vast range of sporting and physical education equipment for schools (Sports Directory UK, Davies Sports, Findel Education, Maude Sport, Newitts and TTS)

Key Indicator 5

Increased participation in competitive sport

Your Score:

100%

high

Key Indicator 5

Your score here is strong, with competition embedded in your approach. Where can we find some more areas to drop 'competition with self' into the children's school lives?

To focus your action plan and take your next steps, book your FREE 15 minute consultation here.

Suggestions to improve Key Indicator 5

Examples of how to increase participation in competitive sport:

- increasing and actively encouraging pupils' participation in the School Games
- organising, coordinating or entering more sport competitions or tournaments within the school or across the local area, including those run by sporting organisations

Supporting resources

The Youth Sport Trust Approaches to Competition resource considers alternative ways to deliver competition to engage more young people.

Active Partnerships work in partnership with the Youth Sport Trust, NGBs and local partners to deliver a comprehensive competitive sports programme for schools.

School sport competitions offer excellent volunteering and leadership opportunities for your pupils.

How can you increase the impact of your school's PE and sport? Apprenticeships are an effective way of developing a motivated and skilled workforce.

Identify local clubs for different sports and activities that your pupils can be signposted to through Get Inspired's comprehensive list.