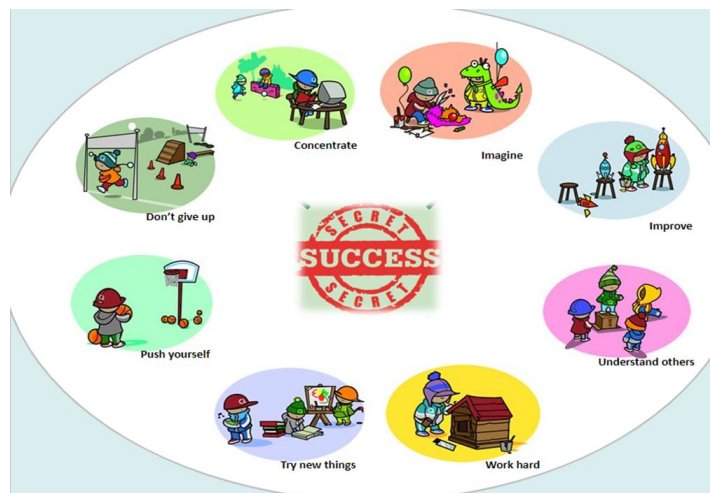


# The Secrets of Success

*It is easy to think that success is all about knowledge and skills and whilst these are of great importance. It is also imperative that pupils learn the attributes and competencies of how to be an effective learner in life. At Long Lane we really value these lifelong learning attitudes. The Secrets of Success programme is woven through our curriculum, celebrated and explicitly taught in assemblies. It is a child-friendly way of supporting children to be ambitious, motivated and resilient in all their learning which we know will stand them in good stead for the rest of their lives and enable them to contribute effectively to society.*



**Understand Others** – This means that you are able to offer help and give to others. You can share ideas and empathise with others. People who have empathy make more successful friendships and working relationships. If you understand others, you will get along and be happier.

**Work Hard** – You need to practise and put effort in to get results. Working hard means setting the right environment with no distractions. Put in the hours!

**Try New Things** – It is really brave to try something new and to put yourself out there. It takes courage to try something for the first time. You may be nervous but the proud feeling you get is so worth it. Remember, it is ok to make mistakes (First Attempt In Learning), this is how you learn.

**Push yourself** - When you feel shy or don't think you'll be good enough or when someone tries to stop you, you should be strong and keep going. Push yourself to reach a goal or go that bit further than you did before. Fight your fears, it will be worth it.

**Don't Give up** – Did you know that successful people also have bad luck, setbacks, failures and criticism but they find a way round these problems? 'Stickability' or 'bouncebackability' (some people call this resilience).

**Concentrate** — Some things stop you concentrating. What works best for you to concentrate? Take away the distractions of TV, games, other people, and be clear about what you are trying to do. Try not to do too many things at once.

**Imagine** — Using your imagination gets you to places you wouldn't believe. If you have ideas, share them, develop them, don't be afraid to make them big. Keep a bank of ideas handy for different times and places in your work. Magpie ideas to make them your own but don't copy. Remember, great ideas only come from people who are willing to be wrong.

**Improve** — Successful people are always trying to make things better. Great things come from lots of small changes. Always look at what you have done with a goal to make it 'just a little bit better'. Ask other people to help you to do this with your work. Take your time and think carefully.