



Positive Influence

How my actions and words can have a positive or a negative Influence on others

How can I be an upstander and show positive influence?

Setting a good example

Leading a group

Sticking up for someone
or something you believe in



Supporting a cause

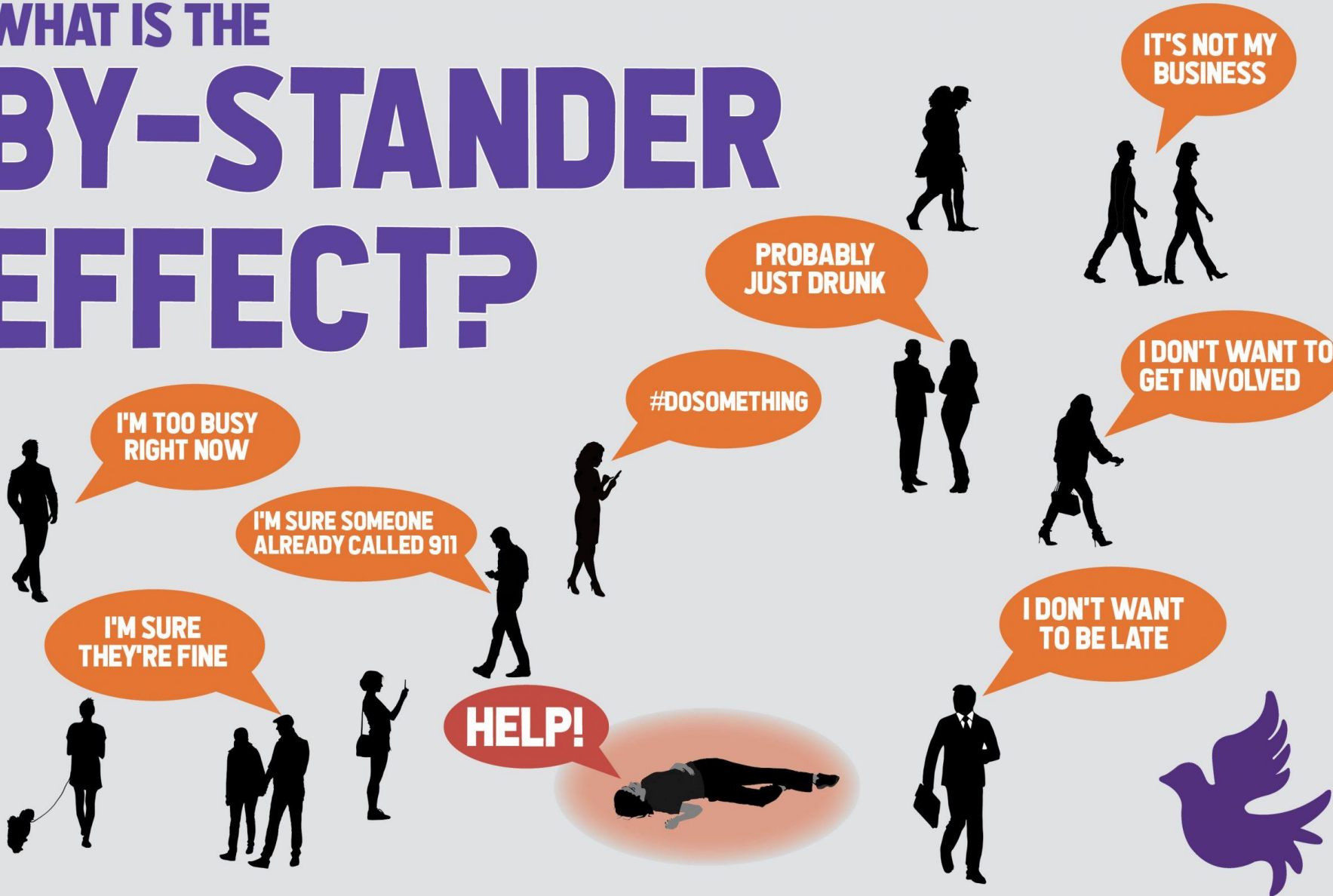
*Positive Influence
means*



Negative Influence



WHAT IS THE BY-STANDER EFFECT?



Upstander



how to be an UPstander

"Instant Replay" to discuss steps
to becoming an UPstander...

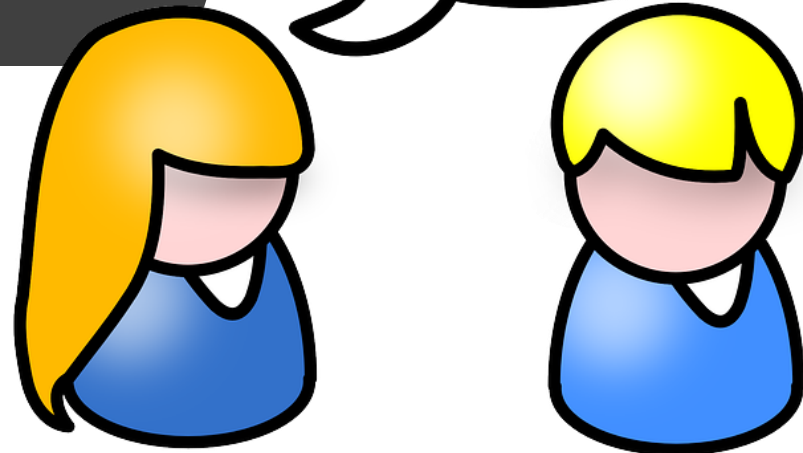
1. Notice the event
2. Realize the emergency
3. Assume responsibility
4. Know what to do
5. Act

**TAKE A STAND
BE AN UPSTANDER!**



What can you do?

Hi!



INTERVENTION METHODS FOR ACTIVE BYSTANDERS

DIRECT

Directly intervening, in the moment, to prevent a problematic situation from occurring

Your behavior is not ok, and you need to stop.

Can you check on them? I want them to be safe.

DELEGATE

Seeking help from another individual that you trust to intervene or help you intervene

DISTRACT

Interrupt the situation without directly confronting; divert attention away from the situation

I need your help with something. Will you come with me?

I'm going to report the incident online at www.colgate.edu/concern

DOCUMENT

Work with a trusted official to file a report or file an anonymous report online

DELAY

After the incident is over, check in on the people involved in the problematic situation

I wanted to check in after what happened. How are you?

UPSTANDER VS BYSTANDER

How Will YOU Help?



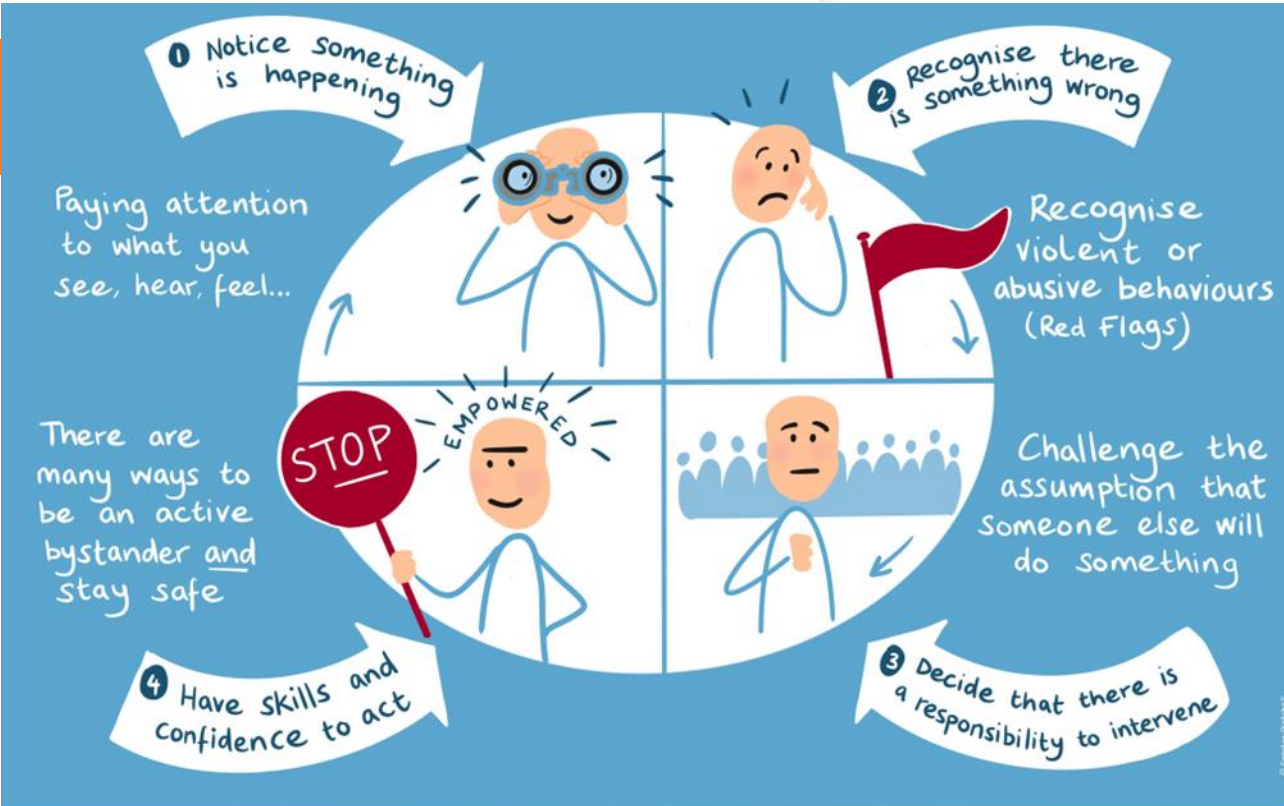
Look at the pictures below. It shows the beginning and the middle of the story. Imagine the end of the story. Tell the story with pictures and words.



One day when I was playing ball, Seth came over and kicked me! It hurt A LOT. I cried and cried. My best friend, Kris, saw this happen. He came over and put his arm around me. He helped me inside. The teacher put a bandage on my knee. Seth had to come inside.

© Nancy Wilcox Richards

© Nancy Wilcox Richards



USING A BYSTANDER APPROACH





When might you need to be a positive Influence?



When might
you need to be
an Upstander?



- Although we may not be able to influence the whole world, we can influence those around us. We all influence friends, families, school and the community. We all have choices as to whether we are a positive or a negative influence.



Long Lane Primary School

What can I influence?

The Starfish Story

Original Story by: Loren Eiseley

One day a man was walking along the beach, when he noticed a boy hurriedly picking up and gently throwing things into the ocean.

Approaching the boy, he asked, "Young man, what are you doing?"

The boy replied, "Throwing starfish back into the ocean. The surf is up and the tide is going out. If I don't throw them back, they'll die."

The man laughed to himself and said, "Don't you realize there are miles and miles of beach and hundreds of starfish? You can't make any difference!"

After listening politely, the boy bent down, picked up another starfish, and threw it into the surf. Then, smiling at the man, he said,

"I made a difference to that one."





Reflection