

'L' IS FOR LEARNING

WE ARE ALL LEARNERS



you can't find a way,

create one!



BEHIND EVERY SUCCESSFUL MAN
THERE'S A LOT OF UN-SUCCESSFUL YEARS



SUCCESS

Share

*Try and fail, but
never fail to try.*

Jared Leto

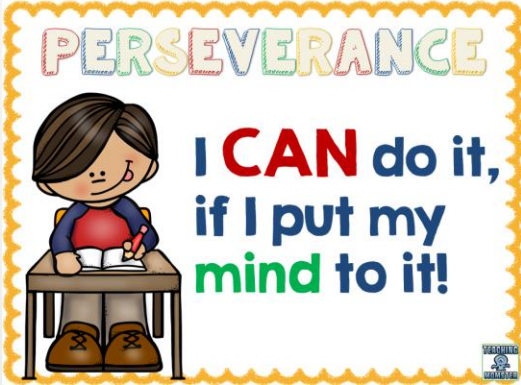
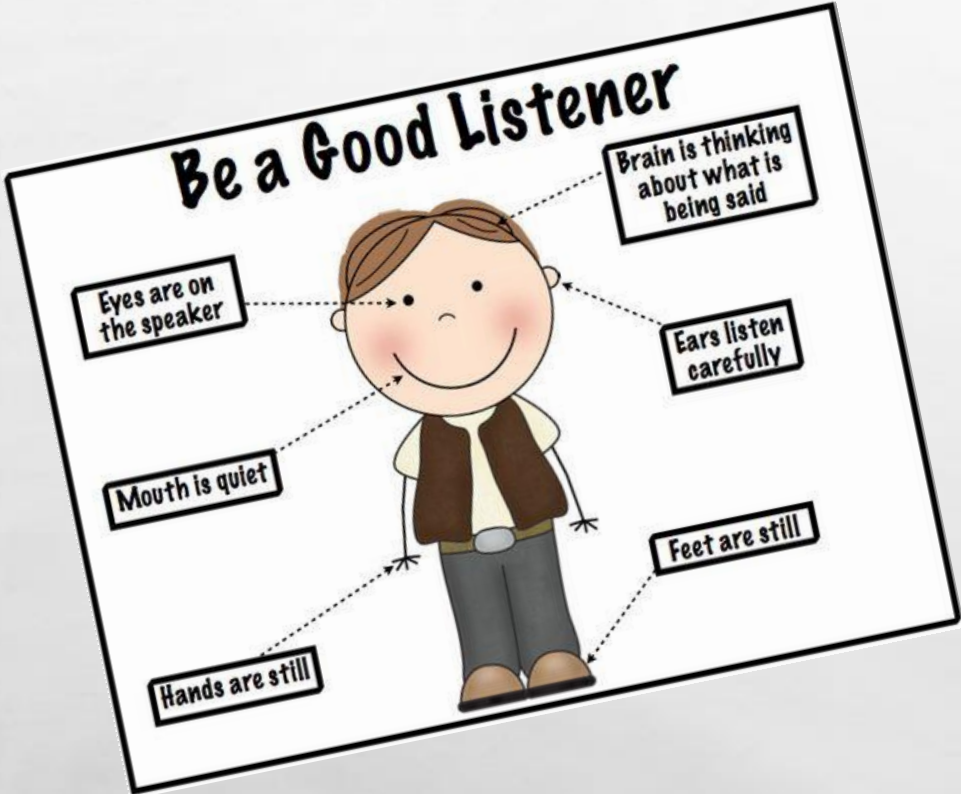


EVERYBODY IS LEARNING ALL THE TIME

- **WHEN WE ATTEMPT SOMETHING NEW**
- **WHEN WE LEARN FROM EACH OTHER**
- **WHEN WE ARE YOUNG AND WHEN WE ARE OLD**
- **FROM THE FIRST STEP...TO THE NEXT STAGE IN OUR LIVES**



Learning is about the behaviours we show



Mistakes
are proof that
you're **TRYING**

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The Learning Pit

Facing a Challenge

You may feel anxious, nervous, scared, excited or comfortable.



Deep Learning

You may feel a sense of collaboration and concentration.



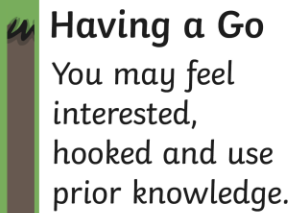
Successful Learning

You should feel achievement and pride.



Having a Go

You may feel interested, hooked and use prior knowledge.



Problem-Solving

You may feel angry, distracted, frustrated, challenged, confused or uncomfortable.



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What kind of mindset do you have?



I can learn anything I want to.
When I'm frustrated, I persevere.
I want to challenge myself.
When I fail, I learn.
Tell me I try hard.
If you succeed, I'm inspired.
My effort and attitude determine everything.

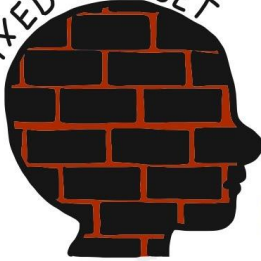


I'm either good at it, or I'm not.
When I'm frustrated, I give up.
I don't like to be challenged.
When I fail, I'm no good.
Tell me I'm smart.
If you succeed, I feel threatened.
My abilities determine everything.

The language of Growth Mindset

10 Growth Mindset Statements

FIXED MINDSET



What can I say to myself?

INSTEAD OF:

TRY THINKING:

GROWTH MINDSET



I'm not good at this.

1 What am I missing?

I'm awesome at this.

2 I'm on the right track.

I give up.

3 I'll use some of the strategies we've learned.

This is too hard.

4 This may take some time and effort.

I can't make this any better.

5 I can always improve so I'll keep trying.

I just can't do Math.

6 I'm going to train my brain in Math.

I made a mistake.

7 Mistakes help me to learn better.

She's so smart. I will never be that smart.

8 I'm going to figure out how she does it.

It's good enough.

9 Is it really my best work?

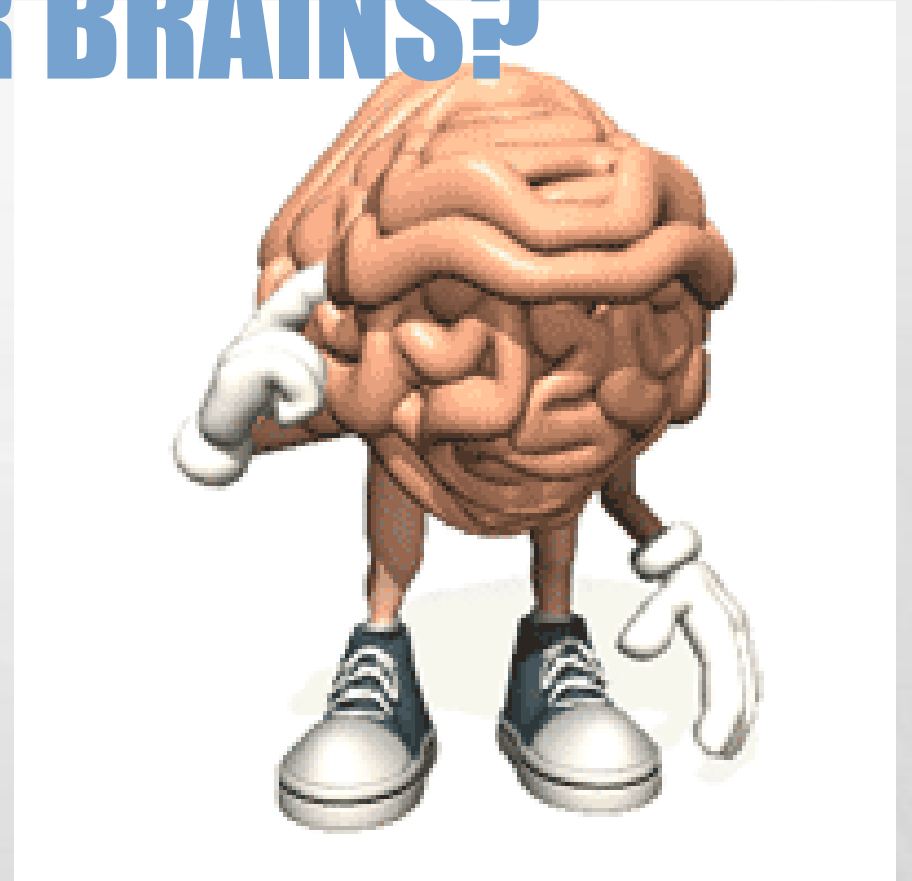
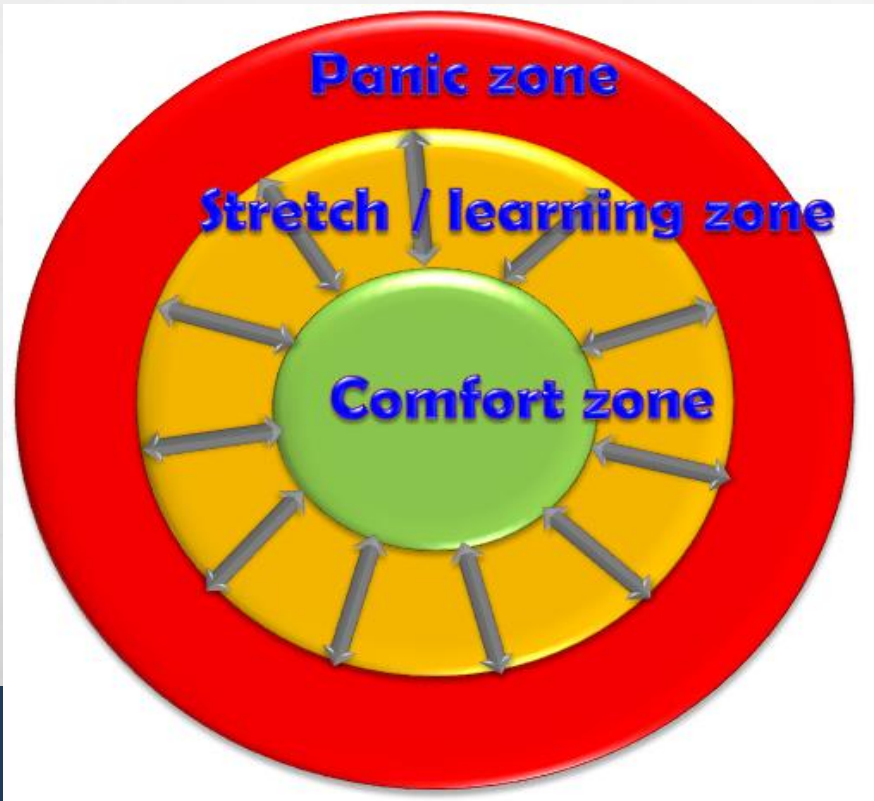
Plan "A" didn't work.

10 Good thing the alphabet has 25 more letters!

(Original source unknown)

@sylvia duckworth

HOW CAN WE GROW OUR BRAINS?



<https://youtu.be/aNWA3ZwJdLk>

WHAT WILL YOU DO TODAY TO SUCCEED?

