Long Lane Primary School

Whole School Curriculum Learning Journey – PSHE

Beyond KS2

Pupils take part in competitive sports and activities outside school through community links or sports clubs.

Pupils work individually or in a team, building on trust and developing skills to solve challenges in OAA.

Pupils perform dances using advanced dance techniques within a range of dance styles and forms.

Pupils analyse and compare performances and demonstrate improvement in their technique and performance.

Pupils use a range of tactics and strategies to beat opponents through competitive team and individual games.

Year 6

Outdoor Adventurous Activities (OAA) - WWC

Swimming - 25m unaided, range of strokes , safety

-United Nations Convention on the Rights of the Child

-Choices & actions
-Behaviour
-Democracy

-Similarities & differences
-Bullying
-People with disabilities

Understand the components of fitness

Create and apply defending tactics

Perform with technical control

Develop officiating and refine leadership

Apply tactics to win a point

Organise and manage team formations

Apply tactics in scenarios

Consolidate batting, bowling and fielding

Year 5

Explore running as a team

Refine batting, bowling and develop fielding tactics

Refine attacking and defending skills

Playmaker Award - Introduce and develop leadership

-Culture
-Racism
-Bullying
-Respect

-Rights & responsibilities
-Behaviour
-Democracy

Year 4

Explore running for speed

-Being part of a team
-Attitudes & actions
-Community
-Feelings

-Judging others
-Bullying
-First impressions
-Uniqueness

Develop dribbling creating shooting opportunities

Apply learning into 3v3 games

Explore running for distance

Year 3

Develop dance character

Introduce dribbling keeping control

Introduce outwitting an opponent

-Families
-Resolving conflict
-Bullying

-Self-worth & identity
-Facing challenges
-Rules: choices & consequences
-Feelings

Year 2

Respond to a rhythm

Develop throwing and catching

-Worries
-Asking for help
-Rights & responsibilities
-Choices & consequences

-Gender stereotypes
-Similarities & differences
-Bullying

Explore pathways

Create motifs with expression

Understand the transition between attack and defence

Introduce teamwork and building trust

Develop Jumping

Apply running into a game

Year 1

Introduce ABC's

Create ways of transitioning between movements

Develop moving with a ball using our feet

-Similarities & differences
-What is bullying?
-Friendship

-Rights & responsibilities
-Choices & consequences
-Safety

EYFS

- Similarities & differences
- Recognising feelings
- 'Children's rights: to learn & to play

-Being different makes us special
-Our home & family
-Friendship

Explore creating movement sequences

Understand taking turns, keeping the score and playing by the rules

JIGSAW The mindful approach to PSHE

NO OUT SIDERS 'All different, All welcome'

LONG LANE PRIMARY SCHOOL STRIVE TO SUCCEED