

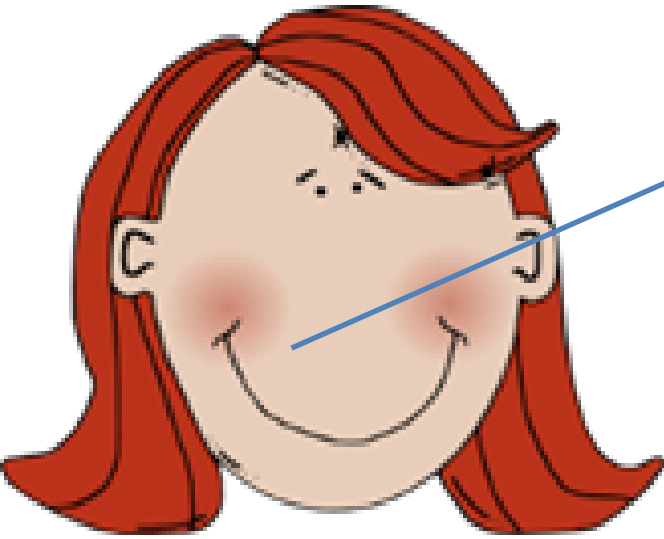


I am an  
ELSA



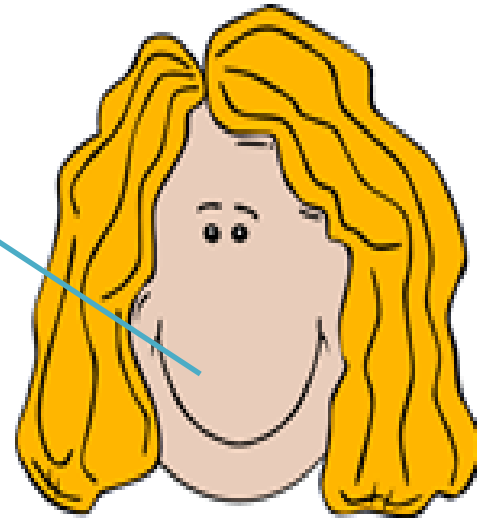
What is an  
ELSA????

**An ELSA is a member of  
staff who is trained as  
an Emotional Literacy  
Support Assistant to  
support children with  
their developing  
emotional literacy**




Hmm, what is emotional literacy?

Let me explain

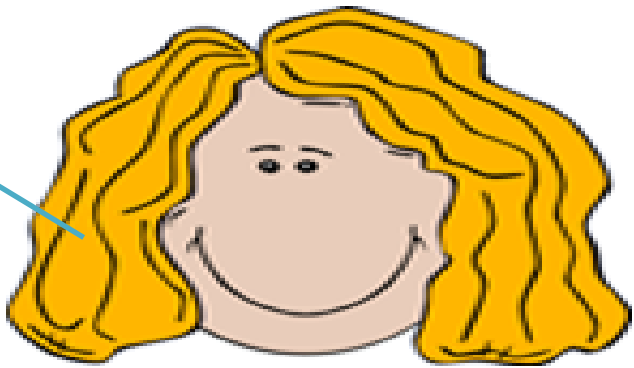


## Emotional Literacy is:

- **how children understand and cope with the feelings of ourselves and others**
- **developing high self-esteem and positive interactions with others**
- **being emotionally literate helps children focus better on their learning**
- **The child`s needs could be recognising emotions, self-esteem, social and friendship skills, anger management, loss and bereavement**

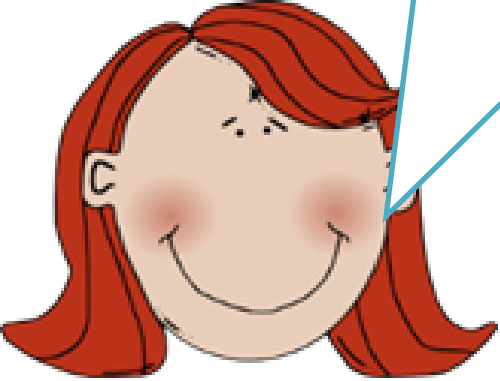


Sounds great having someone to talk to and work with. How does this work in school?

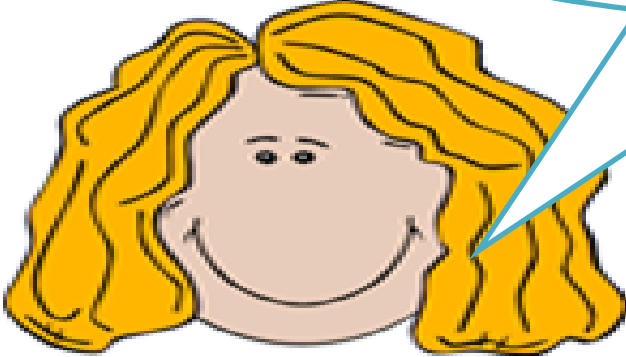


Children enjoy having some, one to one time with an adult and being able to talk about their feelings, school and other issues.

- With the parents' consent the child's teacher completes a referral form for the ELSA to follow
- An ELSA often works with children on a One to One basis but sometimes the children may work in a group, all activities are tailored to their needs
- Each week a child has a 30 minute to an hour slot with an ELSA
- All sessions are fun and could include role play, puppets, games, art, crafts and stories
- There is always time to talk
- Every child's progress is monitored and reviewed on a half-termly basis
- The child's teacher and Head teacher are informed of progress and any concerns

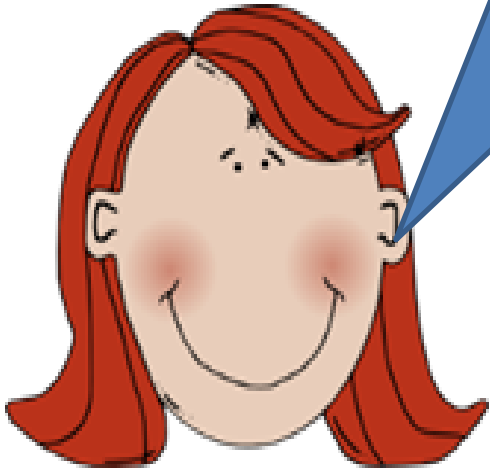


How do you help a child with  
Emotional Literacy Support?

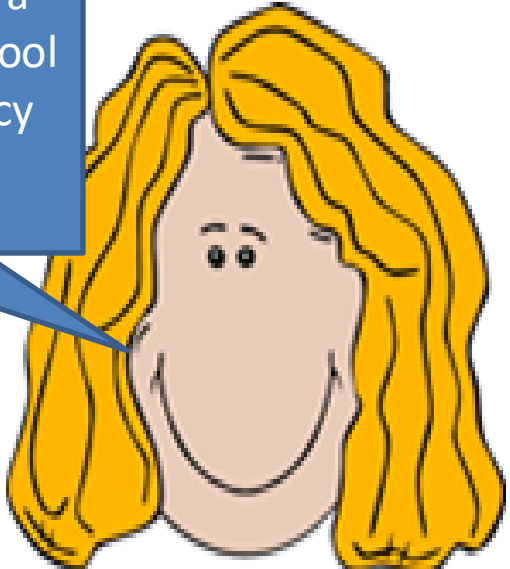


This is a good  
question

- It is very important to build a relationship with the child. Every child is unique and I believe in them and I`m interested in them.
- I find out their interests, worries, strengths, weaknesses and who is significant in their lives
- Through this information and the knowledge from the class teacher, I work out a programme for the child.
- The programme could be on anger management, friendship and social skills, self-image to loss and bereavement
- All these emotions stop a child from learning to their potential, therefore, it is wise to intervene with some emotional support so that they do not bottle up their feelings to a stage where they cannot learn
- I visually demonstrate anger through the use of a firework model and the fuse before explosion.
- I use puppets to listen to the child and `answer` appropriately
- I encourage the child to draw, colour, build things, make crafts so their kinesthetic skills are being used.

A cartoon illustration of a woman with long, wavy red hair. She has a friendly expression with a slight smile and rosy cheeks. A blue speech bubble originates from her mouth.

Aah, I understand now. Your job must be very rewarding.

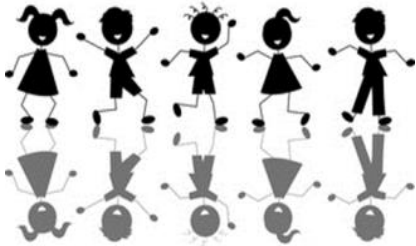
A cartoon illustration of a woman with long, wavy yellow hair. She has a friendly expression with a slight smile. A blue speech bubble originates from her mouth.

Yes it is, especially when I have been able to make a difference to a child's school life and emotional literacy

# TO SUMMARISE THIS PRESENTATION

FRIENDSHIPS

Friends



AN ELSA IS IN  
SCHOOL TO HELP AND  
SUPPORT  
ALL CHILDREN IN ANY  
WAY THEY CAN

EMOTIONS



LEARNING

CONFIDENCE

